



# RACHEL FILTZ

PET-THERAPY, HUMANE EDUCATION, EMPATHY DEVELOPMENT

## ABOUT ME

My lifelong love for animal welfare led me to earn my M.Ed. in Humane Education. I currently manage a local pet-assisted therapy program, and create curriculum dedicated to helping young children develop empathy and social-emotional skills. I am also writing Children's books that encourage empathy and kindness toward animals.

In my free time I enjoy spending time outside with my family and rescued pets, and cooking new plant-based recipes.

## SKILLS

- Program Development
- Empathy Development in Children
- SEL (Social Emotional Learning)
- Leadership
- Developing Curriculum for New Programs
- Managing and Directing Teams
- Strong Presentation and Public Speaking Skills
- Non-Profit Experience
- Coordinating and Managing Outreach Events
- Dedicated and Ethical
- Excellent Written and Verbal Skills

## CONTACT

Number: 858•335•0616  
Email: RFiltz@rhumanesociety.org  
Website: www.rhumanesociety.org

## PROFESSIONAL

**Pet -Assisted Therapy Coordinator**  
**Rancho Coastal Humane Society**  
**Feb 2019-Present**

*Manage and execute a comprehensive animal-assisted therapy program incorporating certified therapy dogs that supports the emotional, developmental, and social needs of adults and children in various schools and healthcare settings.*

**Empathy Education Program Instructor**  
**Freelance Educator/San Diego Schools**  
**Feb 2018-Present**

*Develop and teach Empathy and SEL (Social Emotional Learning) curriculum to elementary schools around San Diego as a freelance instructor. (pending Covid restrictions).*

**Shelter Manager**  
**Friends of Cats, Inc.**  
**Feb 2017 - Nov 2017**

*Managed the daily operations and functioning of the shelter which included managing and leading a staff of 12 employees. Designed and implemented new and improved volunteer program that led to training over 300 volunteers. Successfully prepared and executed written grant proposals.*

**Freelance Program Developer/Instructor**  
**Japanese Friendship Garden**  
**Dec 2015-Feb 2017**

*Successfully developed and implemented a children's plant-based cooking program that educates children ages 2-12 and adults about the importance of health and well-being from a wholesome plant-based diet which reaches thousands of San Diego residents annually through structured, curriculum based cooking classes.*

**M.Ed. Internship**  
**Helen Woodward Animal Center**  
**Mar 2015-Jan 2016**

*Developed and implemented an SEL (Social Emotional Learning) empathy-based program for Helen Woodward's Education Department that enriches the lives of over 10,000 children annually with on-going and seasonal hands-on Animal Education Programs that teach compassion for all living animals.*

**Lead Animal Technician/San Nicolas Island (SNI) Caretaker**  
**The Fund For Animal Wildlife Center/Humane Society of the United States**  
**Dec 2009-Feb 2013**

*Oversaw the physical and mental health and care of over 80 feral cats and supervised volunteers and interns related to the SNI program. Developed and upheld annual budget for SNI program, and performed ongoing analysis of budget variances.*

## VOLUNTEER WORK (CURRENT)

**Advisory Council Member**  
**Humane Education Coalition**

*Provide expertise to expand the field of humane education, including empathy development to curriculum and schools.*

## EDUCATION

**Valparaiso University -Institute for Humane Education**  
**M.Ed., Humane Education**

**San Diego State University**  
**Bachelor of Arts, Environmental Studies Focus in Outdoor Education**  
**Summa Cum Laude**